Values

People can often tell what you value by looking at who you are. Your values motivate you at school, at home, and at work. You have certain ideas about what is important. If you can balance what is important in each area of your life, you have a better chance of finding satisfaction.

***Career Values***

Even though you are still in high school, you should be thinking about what kind of work you want to do in the future. Also, if you plan to get a part-time job as a student, this information can help you decide what you want to do.

If you value the work you do, you are more committed to working and to doing the job.

Here are a few examples of work values:

* Income level
* Safety
* Work environment
* Skills development
* Teamwork
* Change and variety
* Independence
* Creativity
* Competition
* Advancement
* Structure and security
* Physical challenges
* Helping others
* Taking risks

The following chart will help you think about your career values. Use check marks to show how important each career value is to you. Some things will only be important to you now as a student worker. Some things will only be important to you later, when you look for work after you finish school. Many things will be important to you in both situations.

**Once you complete the chart, print it and place it in your portfolio. Include a 1 page reflection on your top 5 career values and how they fit into your future plans.**

***MY Career Values***

|  |  |  |  |
| --- | --- | --- | --- |
|  | Very Important | Somewhat Important | Not At All Important |
| Being successful |  |  |  |
| Being important |  |  |  |
| Having power |  |  |  |
| Being in charge |  |  |  |
| Fitting in |  |  |  |
| Knowing what to do |  |  |  |
| Doing something hard |  |  |  |
| Being able to compete |  |  |  |
| Helping others |  |  |  |
| Influencing others |  |  |  |
| Working alone |  |  |  |
| Using my creativity |  |  |  |
| Feeling good about myself |  |  |  |
| Making money |  |  |  |
| Having a set routine |  |  |  |
| Having a changeable routine |  |  |  |
| Feeling peaceful |  |  |  |
| Having a good reputation |  |  |  |
| Being respected |  |  |  |
| Being responsible |  |  |  |
| Being secure |  |  |  |