

## When parents and teens were asked what they liked most about the event, they responded:

"The hands on experience was a real confidence booster for my child."

"I'm more comfortable and more careful behind the wheel."

Emplify Health by Gundersen  
La Crosse Campus  
Parking Lot F  
1900 South Avenue,  
La Crosse, WI 54601



A special thank you to the Audi Club of North America, Lindy's Subs and Salads, La Crosse Fire Department, Courtesy Corporation, Caribou Coffee, International Union of Bricklayers and Allied Craftworkers, Festival Foods, Kwik Trip and Morrie's Auto Group.

This event, class or activity is not sponsored or endorsed by the School District and is not printed at District expense.

**GUNDERSEN**  
MEDICAL FOUNDATION

**emplify**  
HEALTH  
by Gundersen



1900 South Avenue, La Crosse, WI 54601  
(608) 782-7300 or (800) 362-9567  
[gundersenhealth.org](http://gundersenhealth.org)

20250217



# Free Teen Car Control Clinic

April 18 or 19  
7:45 a.m. to 4:30 p.m.  
Breakfast and lunch will be provided.  
Emplify Health by Gundersen  
La Crosse Campus Parking Lot F  
(see map on back)

To register, visit:  
[gundersenhealth.org/teencar](http://gundersenhealth.org/teencar)  
or call (608) 775-2011.

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HEALTH  
by Gundersen

## If you were driving your vehicle and suddenly lost control, would you know what to do?

Of the 16 to 19-year-old trauma patients seen at Emplify Health by Gundersen from 2010-2017, 66% of the crashes occurred because the driver lost control. Motor vehicle crashes are a leading cause of teenage death. Young people are at a greater risk for traffic accidents due to one major reason—lack of experience.

Emplify Health by Gundersen's Division of Trauma is committed to keeping teens safe by offering a FREE Teen Car Control Clinic for licensed teens 16 to 19 years of age. The clinic will not only teach the fundamentals of vehicle control during the classroom session but will also offer invaluable behind-the-wheel exercises.

During the in-car portion of the clinic, instructors will familiarize students with proper braking concepts, vehicle weight transfer and cornering, and unexpected lane changes. The session is designed to heighten students' awareness and responsiveness to real-world situations and boost confidence in their own skills.

A parent/guardian must attend the course with the licensed teen (16 to 19 years of age). Each student must have their own vehicle (if registering more than one student from the same family, each student must have their own vehicle).

### **Vehicle requirements include:**

- Car must be in good mechanical condition and safe in the opinion of the instructor. All cars will need to pass a brief safety inspection. No visible leaks of any kind.
- The car must be legally registered, licensed and insured to participant or their parent/legal guardian.
- No racecars or special-use vehicles. The use of Nitrous Oxide will not be allowed.
- Tires must have visible tread.
- The car and trunk must be cleaned of all loose items.
- The battery and spare tire must be secure.

- Have plenty of gas in the car for the day's event.

A \$50 deposit is required at registration, which will be refunded in full after completion of the program.

Information about payment options can be found on the website.

Pre-registration is required by April 3.

For more information about this program, call (608) 775-2011.

Dress comfortably and according to the weather. Closed toed shoes are required. Much of the course is outdoors.

Pre-registration is now required 2 weeks before clinic—April 3. Scan to register:



<https://bit.ly/4fdY2qP>